


# AUGUST 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p><b>PARENTS, AS A REMINDER, THIS IS A GOOD TIME TO</b></p> <ul style="list-style-type: none"> <li><b>FILL OUT THE FREE/REDUCED APPLICATION. YOU MUST FILL ONE OUT FOR EVERY SCHOOL YEAR. THE PREVIOUS BENEFITS DO EXPIRE.</b></li> <li><b>IF YOUR STUDENT HAS FOOD ALLERGIES, THE KITCHEN NEEDS AN ALLERGY FORM ON FILE (AVAILABLE ON THE SCHOOL WEBSITE).</b></li> <li><b>PUT MONEY ON YOUR STUDENT'S FOOD SERVICE ACCOUNT.</b></li> </ul>				
12th	13th	14th	15th	16th
<b>No School</b>	<b>Taquitos/ Cheesy Beans</b> 2nd option Chicken Sandwich <b>No Dragon Salad Bar</b>	<b>Pizza Ripper</b> 2nd option Chicken Sandwich <b>No Dragon Salad Bar</b>	<b>BBQ Rib Sandwich</b> 2nd option Chicken Sandwich <b>No Dragon Salad Bar</b>	<b>Cheese Omelet</b> 2nd option Chicken Sandwich <b>No Dragon Salad Bar</b>
	<i>Belgian Waffle</i>	<i>Pancake on a Stick</i>	<i>Croissant Sandwich</i>	<i>Bagel w/ Cream Cheese</i>
19th	20th	21st	22nd	23rd
<b>Chicken N Waffles</b> 2nd option Hamburger	<b>Meat/Bean Burrito</b> 2nd option Hamburger	<b>Pizza Hut</b> 2nd option Hamburger	<b>Queso Meatball Sub</b> 2nd Option Hamburger	<b>Corn Dog / Fries</b> 2nd option Hamburger
<i>French Toast Sticks</i>	<i>Apple Churro</i>	<i>Big Soft Pretzel</i>	<i>Breakfast Cookie</i>	<i>Bagel Sandwich</i>
26th	27th	28th	29th	30th
<b>Chicken Pot Pie</b> 2nd option Chicken Sandwich	<b>Nacho</b> 2nd option Chicken Sandwich	<b>Pasta N Meat sauce</b> 2nd option Chicken Sandwich	<b>Mac N Cheese</b> <b>Hot Dog</b> 2nd option Chicken Sandwich	<b>Chicken Nuggets</b> 2nd option Chicken Sandwich
<i>Chocolate Chip Scone</i>	<i>Poptart/Yogurt</i>	<i>Fruit Smoothie/Maple Bites</i>	<i>Banana Pancake</i>	<i>Biscuit Sandwich</i>

## Syracuse Arts Academy

### Costs of Meals

Breakfast: \$1.25  
Adults \$1.25

### Lunch:

1st-6th \$1.90  
7th-9th \$2.25  
Adults \$3.00

Dragon Salad bar offered to 6th-9th

Fresh fruits and vegetables offered daily

Milk is served with every meal.



*Please make sure your student's food service account is brought/kept current.*

### At a cart charges

*(All a cart items are subject to change)*

Extra Milk .30¢

Yogurt .30¢

Chips .30¢

Yogurt Parfait \$1.00

**Menu Items are subject to change**

For information or assistance, contact April Empey at [aempey@saacharter.org](mailto:aempey@saacharter.org)